



Cross Country Website



AMS Cross Country 2025-2026 Schedule

SEPTEMBER						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Cross Country Season Starts	3 <i>1st Day of School - Regular Early Release</i> Practice 3:10-4:10pm Student & Parent Info Meeting @ 4:10-4:30pm	4 Practice 3:10-4:30pm	5 Practice 3:10-4:30pm	6
7	8 Practice 3:10-4:30pm	9 Practice 3:10-4:30pm	10 Practice 3:10-4:30pm <i>AMS Open House 5:30-8:00pm</i>	11 Practice 3:10-4:30pm	12 <i>Grade Checks Given</i> Practice 3:10-4:30pm	13
14	15 Practice 3:10-4:30pm	16 <i>Uniforms Distributed</i> Practice 3:10-4:30pm <i>Grade Checks DUE</i>	17 Practice 3:10-4:30pm	18 Meet #1 HOME <i>Smiley's Bottom</i>	19 <i>½ day Release @ 11:15am</i> NO PRACTICE	20
21	22 Practice 3:10-4:30pm	23 Practice 3:10-4:30pm <i>Picture Day</i>	24 Practice 3:10-4:30pm	25 Meet #2 AWAY Fort Nugent Park	26 <i>Grade Checks Given</i> Practice 3:10-4:30pm	27
28	29 Practice 3:10-4:30pm	30 Practice 3:10-4:30pm <i>Grade Checks DUE</i>				



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AMS Cross Country 2025-2026 Schedule

OCTOBER						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 3:10-4:30pm	2 Meet #3 AWAY NSR	3 Practice 3:10-4:30pm	4
5	6 Practice 3:10-4:30pm	7 Practice 3:10-4:30pm	8 Practice 3:10-4:30pm	9 PRELIMS AWAY MVC HS	10 NO SCHOOL (Staff PD)	11
12	13 FINALS (Split) AWAY Skagit Valley College	14 ½ day Release @ 11:15am NO PRACTICE Parent Teacher Conferences	15 ½ day Release @ 11:15am NO PRACTICE	16 End of Season Party @ 3:15pm HLC	17 ½ day Release @ 11:15am	18
19	20	21	22	23	24	25
26	27	28	29	30	31	