



Wrestling Website



# AMS WRESTLING 2026 MATCH SCHEDULE

Coaches: Rodney Bickley (Head Coach), Jeremiah Harju (Assistant Coach), Mike Bargewell (Assistant Coach)

Practices: Weekdays Group 1 (lighter weights) : 4:15 - 5:45pm & Group 2 (all other weights): 5:45-7:15pm (AMS Commons) - do not arrive prior to 4pm

Parent & Student Information Meeting: Thursday, January 29 @ 6:00pm (AMS Commons)

Picture Day: Friday, February 20 @ 4:15pm (AMS Commons) *(Individual Photos available upon request)*  
**BRING YOUR UNIFORM**

End of Season Party: Tuesday, March 24 @ 6-8pm (AMS Commons)

DATE	OPPONENT	TIME	LOCATION	LV/RETURN
Feb 19	Stanwood	3:15 Weigh In / 3:45 Warm Up 4:00 Start	HOME AMS Gym	N/A
Feb 24	N Whidbey	3:15 Weigh In / 3:45 Warm Up 4:00 Start	HOME AMS Gym	N/A
Mar 4	Cascade	3:15 Weigh In / 3:45 Warm Up 4:00 Start	HOME AMS Gym	N/A
Mar 5	Stanwood	3:15 Weigh In / 3:45 Warm Up 4:00 Start	Stanwood MS	LV: 2:30pm RT: 6:00pm
Mar 10	Burlington	3:15 Weigh In / 3:45 Warm Up 4:00 Start	Lucille Umbarger Elementary	LV: 2:45pm RT: 6:45pm
Mar 11	CDL	3:15 Weigh In / 3:45 Warm Up 4:00 Start	Darrington MS Gym	LV: 1:50pm RT: 7:40pm
Mar 17	N Whidbey	3:15 Weigh In / 3:45 Warm Up 4:00 Start	N Whidbey MS	LV: 2:45pm RT: 6:45pm
Mar 19	Burlington	3:15 Weigh In / 3:45 Warm Up 4:00 Start	HOME AMS Gym	N/A
Mar 21	FINALS	Weigh In @ 7:00am 9:00am - 5:00pm	Cascade MS	LV: 6:10am RT: 5:50pm

Updated 1.29.26

This schedule may change as needed.

Please visit the athletics page on the AMS website at [www.osd103.org/AMS](http://www.osd103.org/AMS) for the most current schedule available.

### \*Eligibility to participate in games/competitions:

- Per WIAA requirements, athletes must attend at least 9 practices.
- Per AMS eligibility requirements, athletes must be passing all classes (NO F's) in order to participate in games/competitions. Students with failing grades on BOTH grade checks will be removed from the team.
- Athletes must have a current sports physical on file and have paid the \$45 sports fee.
- See the full Code of Conduct for a full list of eligibility requirements.

### Additional Wrestling Rules

- One detention = just "watching" practice (expected to be there, but will not participate)
- Three detentions = removal from the team
- Two suspensions = removal from the team
- 3 unexcused absences = removal from the team (OSS/ISS absences will be considered excused)
- Athletes must attend the practice prior to the match to be eligible to compete